

SOUTH EAST TEXAS AREA

QUARTERLY NEWSLETTER

Jan.2020

DELEGATE



**Hello South East
Texas Area 67!!**

Like some of you maybe, I wasn't really taught about the Traditions directly. Sure, they hung on the wall but in the groups I attended they were never directly addressed. I often joke that the only reason that I ever learned about the traditions was by breaking them all.

I was only concerned about my individual welfare, I was fairly sure I was my own ultimate authority, I had no money or property to speak of but lived solely on outside contributions, no being at all self-supporting, I was however without doubt nonprofessional and unorganized still I was prone to be opinionated and drawn to public controversy. Still, I was full of pride and promoted myself often yet attracted no one.

Today, after many hard learned lessons I believe more than ever we cannot afford to let the Traditions simply be decoration for our meeting room walls. My sponsees will tell you that I am every bit as eager to talk Traditions as I am the Steps. And while you can achieve sobriety from taking the Steps you can simultaneously wreak havoc on the Fellowship without learning our Traditions.

At the end of the day the traditions again were written to ensure the AA Fellowship would remain united but sadly, I too often hear these principles used more as weapons for division than tools for Unity. I cringe when I hear someone spout out "each group should be autonomous" to which I will match their spouting with "Except in matters affecting other groups or AA as a whole."

Sadly, I still hear people who are concerned about who makes up our membership. Bill in his writing states..." That is why we all judge the newcomer less and less. If alcohol is an uncontrollable problem to him and he wishes to do something about it that is enough for us. We care not whether his case is severe or light, whether his morals are good or bad, whether he has other complications or not. Our A.A. door stands wide open, and if he passes through it and commences to do anything at all about his problem, he is considered a member of Alcoholics Anonymous. He signs nothing, agrees to nothing, and promises nothing. We demand nothing. He joins us on his own say- so. Nowadays, in most groups, he doesn't even have to admit he is an alcoholic. He can join A.A. on the mere suspicion that he may be one, that he may already show the fatal symptoms of our malady.

Additionally, one of the concerns I hear most often as Delegate is about money, money that our groups have, and the money that our Districts, Area and GSO spend. This I guess will always be a place of debate...Again Bill writes...Where the proper use of money ends—and its misuse begins—is the point in “spiritual space” we are all seeking.

So, I know that more than likely I am preaching to the choir and that if you have taken time out of your day to actually read the newsletter, you too consider yourself a Guardian of the Traditions and I thank you. But I want to challenge you to think about how you use the principles...Are you using them to maintain unity? Are you using them to ensure the fellowship relates itself appropriately to the world about it? And finally are you using them to make sure our program continues to live and grow?

Troy B-D

Area Delegate

Panel 69

ALTERNATE DELEGATE

Greetings SETA!

It's hard to believe that we are already halfway through the current rotation. I am hopeful that this year will give the Clear Vision that 2020 implies. Momentous events this year will include the 70th General Service Conference in April, the 2020 Texas State Convention in June at Ft. Worth, the 2020 Detroit Convention in July, and SWRAASA at Amarillo in October. Personally, I'm looking forward to attending SWARDA in March. Last year, at that event, I was overwhelmed by the training and support provided by past Delegates from across the Southwest Region, all of whom attend in Oklahoma City every year at their own expense.

I hope that each of you will not hesitate to contact me at delegate-alt@aa-seta.org at any time throughout the year if there is any way that you think I could be of service to you or your home group.

In service,

Kris H.

P69/A67 Alternate Delegate

CHAIR

Let me once again start by saying “thank you SETA,” for this opportunity to serve. Service commitments always offer the opportunity for growth, for learning and the making of many new friends. All these things have taken place for me, and I’m sure will continue to occur.

I want to thank each and every one of you who helped make the July Assembly a success. Being at a different hotel offered many challenges, and as our fellowship generally does, you rose to the occasion by practicing love, patience, tolerance and kindness. Most of the responsibility for ironing out the details with the Doubletree Hotel fell on your Alternate Chair, Christina S. I cannot say enough about how well she handled this endeavor. We were in uncharted waters and she handled things in a calm and very efficient manner. After we adjourned on Sunday morning, one trusted servant told us that this situation presented a perfect opportunity to turn into chaos (that was not exactly the language he used, but for the sake of decorum, we’ll will leave it at that). Thanks to Christina and each of you who attended, this was not the case.

Several of you have expressed interest in the Doubletree Hotel becoming our home base. We are under contract with the Sheraton for a few more Assemblies. As we approach the end of that contract, there will be proper search for hotels (and possibly other facilities) that can meet our needs.

I would like to say a few words about the upcoming Regional Forum. If you had not had the opportunity to attend a Forum, don’t miss this chance. It will be 22 years before it is held in our Area again. You will have the opportunity to ask all the questions you may have about how “New York” does things the way they do. Whether you have questions or not, I promise you will learn a lot about how our service structure works. Plus, it offers the opportunity to meet your counterparts from other Areas. That means new friends! There will also be ample opportunities to volunteer (or get voluntold?) to serve at the event. Greeters, hospitality suite volunteers and many others will be in high demand. As we enter the second half of the Panel 69 rotation, it is not too early to begin thinking about what our Higher Power many need us to do during the next rotation. It’s not your ability that counts. What is your availability?

In love and service,
Rick M.
Area 67 Chair

DCM-90

Recovery Life

If asked 10 years ago if there was a difference between AA Fellowship and the AA Buddy System, I would have probably said no. The two seemed to mean the same thing. That was before working all 12 Steps, having a spiritual awakening and growing up!

In the beginning, the way I socialized in meetings and outside the rooms with AA members, in search of what you guys called “The Winner’s”, I finally found my way. For years I watched women and men to teach me how to live wholesome and healthy. Some of the women were in college, taking care of family, working, and attending meetings. The men were respectful, loving, caring, and attending meetings. I needed to improve my current physical position in life, my spiritual and mental life was starting to be more fulfilling. I had no idea how to be myself with this new found me. I wanted and dreamed of more education in and out of Alcoholics Anonymous.

Fast forward to the present, I understand what true AA Fellowship means. Men and women that has the God given ability to lead you to the light, build bridges that will connect you back to the God of your understanding, that will teach you how to re-educate yourself through 12 Steps, 12 Traditions, 12 Concepts, 12 Promises, and assist in helping you to rise academically. I stopped trying to impress others by trying to be different. Today, I’m fully equipped with a “Toolbox”. I’m no better or no less, but proud to have the ability to look in the mirror. I understand that being part of the fellowship is a spiritual connection. Strangers that would not normally mix, are now family. I am the person that I was always meant to be. Sober and serving the fellowship that saved my life!

In service,
Bella L.
D90 DCM



Newsletter-Chair

HAVING FUN YET?

...we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life. We try not to indulge in cynicism over the state of the nations, nor do we carry the world's troubles on our shoulders.

— ALCOHOLICS ANONYMOUS, p. 132



PUBLIC INFORMATION

COOPERATION WITH PROFESSIONAL COMMUNITY

12th Step your Doctor!

Q: What!? My doc's a drunk!?

A: No, no, no. Well, could be, but that's not the point. The point is:

- Reach out to your doctor and let them know what Alcoholics Anonymous is, and how's it's helped you to find sobriety, and how it might be able to help some of his/her other patients who might have a drinking problem
- Take them some pamphlets like "AA as a Resource for the Health Care Professional" and "If you are a Professional..."
- Ask if they 'd be willing to let you put some pamphlets or Grapevine magazines in their waiting room. If they say yes, consider using an "Adopt-a-Rack" literature rack for this, you can contact the PI Chair to get one at pi@aa-seta.org, or if that doesn't work try the CPC chair at cpc@aa-seta.org. You could also just order a subscription to the grapevine and place one in the waiting room each month.
- Let the doctor know he/she can refer people to the local intergroup number for meeting information, that you'd be willing to be a contact as well (if you are), and that the CPC committee can be reached at cpc@aa-seta.org to put on presentations about AA for his/her staff or peers. Our website for professionals is <http://cpc.aa-seta.org>
- If you could do any or all of these things, you are carrying the message through CPC service!

Q: What's CPC?

A: CPC stands for Cooperation with the Professional Community, it's a standing committee at the Area level and often in Districts as well. Individuals can do CPC work with simple but important activities like the one above.

- **CPC Committee Purpose** – *"Members of C.P.C. committees inform professionals and future professionals about A.A.— what we are, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating."* – reprinted from *Cooperation with the Professional Community Workbook*, page 5, with permission from A.A. World Services, Inc.
- **Professionals are:** Basically, anyone that comes into contact with an alcoholic through their professional work, some examples include: Doctors, lawyers, judges, cops, therapists, counselors, nurses, probation and parole officers, clergy, social workers, etc....
- There's a whole bunch of professionals in South East Texas Area, far more than the few active members of the SETA CPC committee can reach by themselves, so consider helping by taking the actions suggested above, or if you're willing, come to the SETA CPC Committee meeting: We meet the first Monday of each month at 7:30pm at the Spring Branch Memorial Club, 1200 Blalock Rd, Suite #378, Houston, 77055; or you can join via Zoom: <https://zoom.us/j/330417285>
- For more information or to help, please contact us at cpc-chair@aa-seta.org

Cooperation with Professional Community (CPC) Committee

Alt LITERATURE CHAIR

While planning our display table for the SETA Convention, it occurred to me that according to my research a few months ago, it is time for the 2020 A.A. Literature catalog to come out! I didn't want to get caught like I did in early 2018 when I ordered a bunch of A.A. Literature catalogs. By the time I was able to give them out, the new 2018 catalog came out and of course no one wanted the old version. Fool me twice, shame on me. So, I emailed a couple of my contacts at GSO and asked if the 2020 Literature catalog would be able to ship out in time for me to have at the SETA Convention? And after getting a couple of different answers, my email was forwarded to the A.A.W.S. Publishing Dept. So the official answer is, no, the 2020 A.A. Literature catalog will not be ready in January. Unless something changes between now and then, I will be bringing the same 2018 A.A. Literature catalog to the SETA Convention. The SETA Convention is our largest A.A. member audience we get all year to show the latest and greatest, so we want to get the most bang for our buck! However, I was reminded of the A.A. Literature mini-catalog that is available online

https://www.aa.org/assets/en_us/AAWS_Mini_Catalog.pdf

I was scheduled to give a presentation on the A.A. Literature mini-catalog at the October 2019 assembly, but we ran out of time. So here is a copy of what my presentation would have been;

- A.A. Literature Catalog & Digital Mini-Catalog

Who knows how often the A.A. Literature Catalog is updated? An updated A.A. Literature Catalog is published every two-years. According to GSO's Publishing Department, the next catalog will be coming out mid-January 2020.

However, during this year 2019, the gap year, the GSO has had many inquiries about availability of new and updated items. So the digital mini-catalog was designed to fill that gap of information.

It does not come on printed paper but it can be viewed, downloaded and printed on your printer.

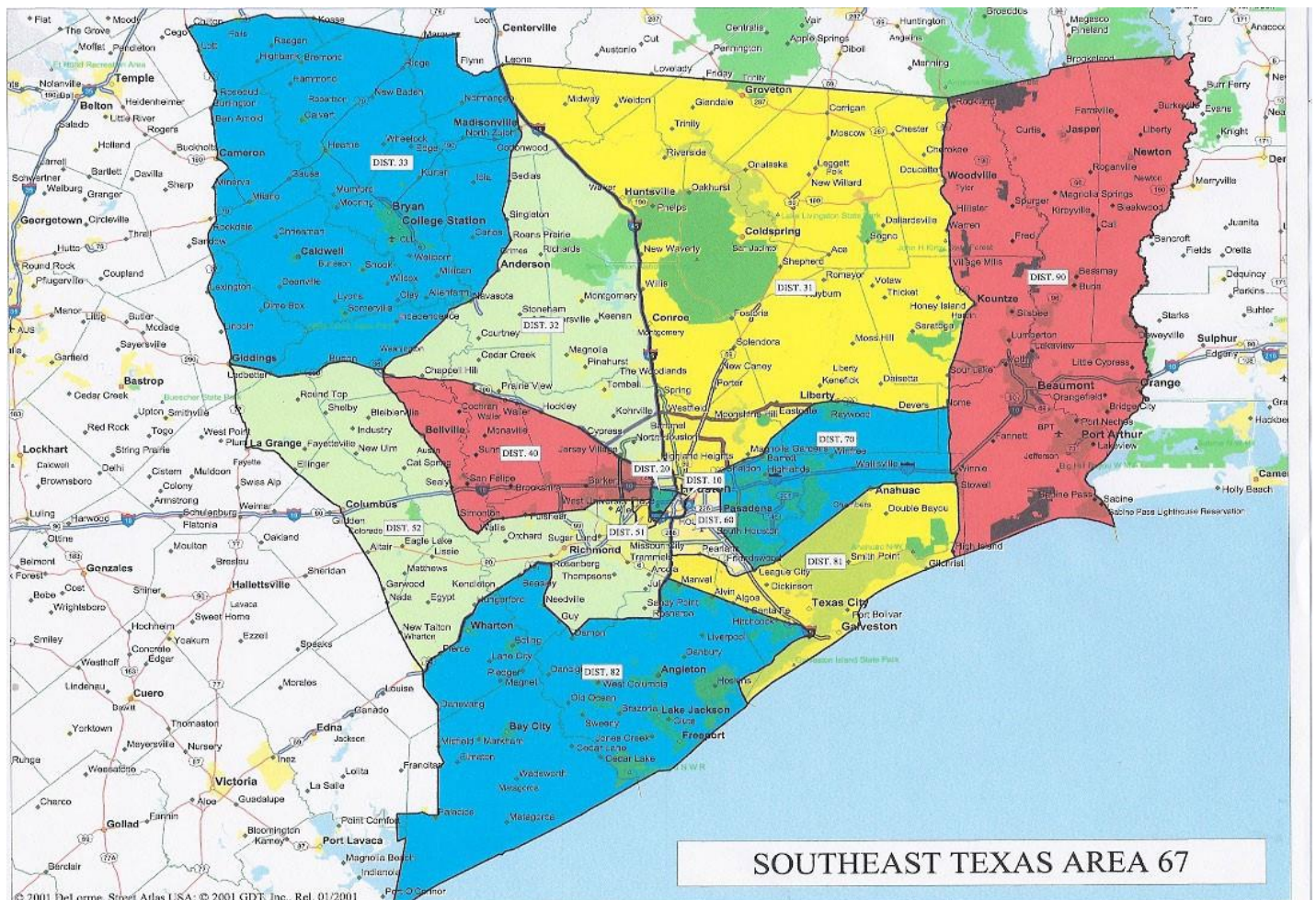
The mini-catalog can be found on the AA.org website under the A.A. Literature / Other Service Items / link.

This is the first year that the Publishing Department has produced the mini-catalog. The link can be emailed as well. Raise your hand if you received a copy by email this summer? I did too. It was exciting to see all the new covers for so many pamphlets!

Hopefully it will help A.A. members discover what is new and revised in the A.A. literature and other items. The plan is to update this resource as necessary and to help share information on new items as they become available.

If you need a copy of the current catalog, please stop by the literature committee display table.

ENGLISH DISTRICTS OF AREA 67



DISTRICT MEMBERS

District 10 DCM – Tracy W.

District 10 Alt. DCM- Olga J.

District 20 DCM – Rachel R.

District 20 Alt DCM – Jean P.

District 31 DCM – Patricia H.

District 32 DCM – Richard L.

District 32 Alt DCM – Kimberly B.

District 33 DCM – Tonny W.

District 33 Alt DCM – OPEN

District 40 DCM – Cindy M.

District 40 Alt DCM – Reino F.

District 51 DCM – Steven W.

District 51 Alt DCM – Kern V.

District 52 DCM – Meece T.

District 52 Alt DCM – Richard G

District 60 DCM- Jann J

District 60 Alt DCM- OPEN

District 70 DCM- Brady G.

District 70 Alt DCM- Byron T.

District 81 DCM- Catherine G.

District 81 Alt DCM- Mike P

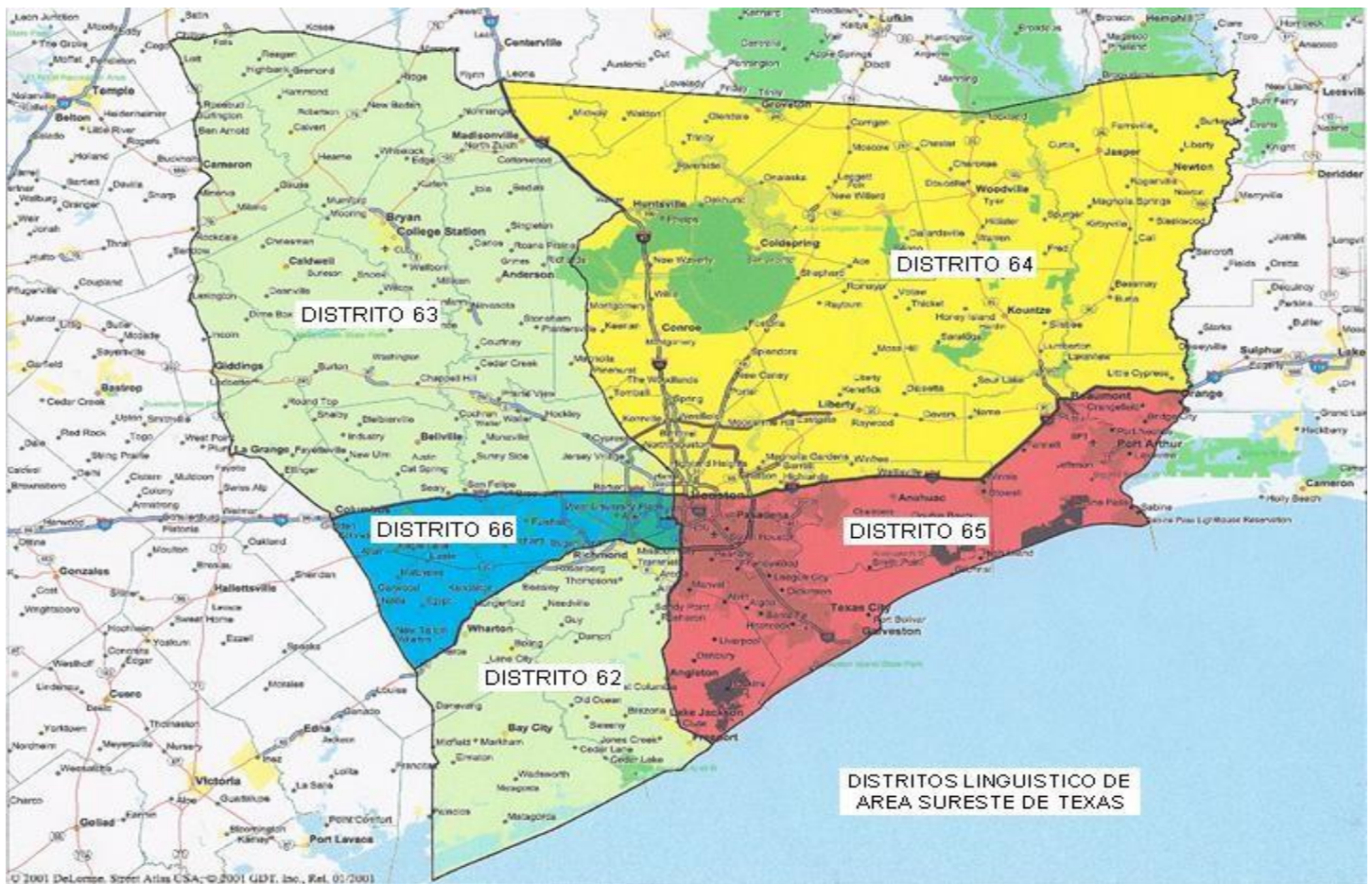
District 82 DCM- Jeanne B

District 82 Alt- Theresa (Teri) V.

District 90 DCM- Bella L.

District 90 Alt DCM- Art G.

SPANISH DISTRICTS OF AREA 67



DISTRICT MEMBERS

District 62 MCD: – **Manuel R**
District 62 Alterno: – **Abierto**

District 63 MCD – **Alicia M.**
District 63 Alterno: – **Jose P.**

District 64 MCD: – **Abierto**
District 64 Alterno: – **Severiano M.**

District 65 MCD: – **Bernardino T.**
District 65 Alterno: – **Arnulfo C.**

District 66 MCD: – **Jesus Z.**
District 66 Alterno: – **Abraham A.**



Service Material from the General Service Office

ESTIMATED WORLDWIDE A.A. INDIVIDUAL AND GROUP MEMBERSHIP

YEAR	ACTIVE MEMBERSHIP	GROUPS	YEAR	ACTIVE MEMBERSHIP	GROUPS
1935	2	0	2001	2,215,293	100,131
1940	1,400	50	2002	2,092,460	103,768
1945	12,986	556	2003	2,066,851	104,589
1950	96,475	3,527	2004	2,082,550	105,294
1955	135,905	6,249	2005	1,867,212	106,202
1960	162,037	8,615	2006	1,996,935	106,477
1965	232,105	12,444	2007	2,044,655	113,168
1970	311,450	16,459	2008	2,085,125	116,773
1975	533,590	26,456	2009	2,103,033	115,773
1976	574,318	29,352	2010	2,057,672	107,976
1977	612,876	31,587	2011	2,133,842	114,070
1978	627,456	33,241	2012	2,131,549	114,642
1979	868,171	39,964	2013	2,138,421	115,358
1980	907,575	42,105	2014	2,040,629	115,326
1981	937,705	47,797	2015	2,089,698	117,748
1982	1,065,299	53,576	2016	2,103,184	118,305
1983	1,191,946	58,576			
1984	1,351,793	62,860			
1985	1,445,999	67,019			
1986	1,556,316	73,192			
1987	1,617,296	76,184			
1988	1,734,734	85,270			
1989	1,793,834	87,696			
1990	2,047,469	93,914			
1991	2,148,757	96,500			
1992	2,489,541	89,215			
1993	2,062,380	90,155			
1994	1,790,528	89,239			
1995	1,726,341	86,449			
1996	1,959,829	96,997			
1997	1,967,433	97,568			
1998	1,989,124	98,710			
1999	1,995,804	99,020			
2000	2,160,013	100,766			

Because AA has never attempted to keep formal membership lists, it is extremely difficult to obtain completely accurate figures on total membership at any given time. The information shown here is based on reports given by groups listed with general service offices (G.S.O.s) around the world and does not represent an actual count of those who consider themselves A.A. members. We are aware of A.A. activity in approximately 175 countries, including 61 autonomous G.S.O.s in other lands.

CONTACT DATA FOR AREA 67 PANEL 65 TRUSTED SERVANTS

AREA OFFICERS

Delegate

Troy B-D.
delegate-67@aa-seta.org

Alternate Delegate

Kris H.
delegate-alt@aa-seta.org

Chairperson

Rick M.
chair@aa-seta.org

Alternate Chairperson

Christina S.
chair-alt@aa-seta.org

Registrar

Tammy Z.
registrar@aa-seta.org

Alternate Registrar

Corrie H.
registrar-alt@aa-seta.org

Secretary

Deborah B.
secretary@aa-seta.org

Alternate Secretary

Pam F.
secretary-alt@aa-seta.org

Treasurer

Ron S.
treasurer@aa-seta.org

Alternate Treasurer

Cynthia B.
treasurer-alt@aa-seta.org

STANDING COMMITTEE CHAIRPERSONS

Archives

Eddie.

Alternate Archives

OPEN

Cooperation with the Professional Community (CPC)

David L.
cpc-chair@aa-seta.org

Alternate CPC

Rosemary

Correctional Facilities (CFC)

Roy.
cfc@aa-seta.org

Alternate CFC

Roland.

Finance

Michelle H.
finance@aa-seta.org

Alternate Finance

OPEN

Grapevine

Kimberly L.
grapevine@aa-seta.org

Alternate Grapevine

OPEN

Information Technology (Web-IT)

Stephaine O.
it@aa-seta.org

Alternate Information Technology (Web-IT)

Debbie F.
it-alt@aa-seta.org

La Vina

Alicia M.
lavina@aa-seta.org

Alternate La Vina

OPEN

Literature

Jackie S.

Alternate Literature

Elizabeth G.

Multilingual

Armando H.
multilingual@aa-seta.org

Newsletter

Annette C.
news-chair@aa-seta.org

Public Information (PI)

Amy E.
pi@aa-seta.org

State Convention Attendance Promotion (SCAP)

OPEN.
scap@aa-seta.org

Treatment Facilities (TFC)

Sarah O.
tfc@aa-seta.org

Alternate TFC

OPEN

SETA 2018 Convention Chairperson

Danny G.

LIAISONS TO INTERGROUP

Brazos Valley

Robert H.
Liaison-brazos@aa-seta.org

Houston

Kathleen T.
Liaison-houston@aa-seta.org

Ninth District

Lori H.
Liaison-9@aa-seta.org

Ninth District Alternate

OPEN

Oficina Intergroupa Hispana (D63, 64, 65)

OPEN

Intergroupa Hispano Del SW (D66 & 67)

Ramces C.

OTHER

Web/IT Support

Vern P.

Postmaster

Betsy G.

Webmaster

Vern P.
webmaster@aa-seta.org

Archivist

Sarah D.
archivist@aa-seta.org