

DISTRICT 40 NEWSLETTER

U N I T Y - R E C O V E R Y - S E R V I C E

Is your Thinker Broken?

Alcoholics Anonymous is a simple program where alcoholics help other alcoholics recover from alcoholism. That is, it and everything else is an outside issue. Then why do people keep trying to add to the menu? What would your waiter say to you if you were at a Mexican restaurant and wanted to order General Tso's Chicken? Makes you think, right? If I remember correctly, when I came into the meeting rooms of AA, I was told my thinker was broken! That is where I could rationalize the wrong thinking and think it was ok, as long as I got my way. Remember those days? Or are we still riding that train of insanity?

This is straight out of the AA Pamphlet, The A.A. Group, P-16.

"The primary purpose of any A.A. Group is to carry the A.A. message to alcoholics. Experience with alcohol is one thing all A.A. members have in common. It is misleading to hint or give the impression that A.A. solves other problems or knows what to do about drug addiction."

I know that some people's first experience with AA might be in a rehab facility. This is where AA meetings are attended by everyone in the rehab. Like some Judges do, when they just send everyone to AA because it has a stronger structure. This is where the message does get watered down in my opinion. When this happens in your group, the elder statesmen should talk to the new members and help them find the correct program that will help them.

When working all three sides of the triangle, it is my responsibility to make sure AA is here for the next suffering alcoholic. As it says in the responsibility statement, "I want the hand of AA always to be there". We owe it to them to help them find a program that will help them. I am sure that is why AA has given this program to any organization that wants to recover from anything. Examples range from drugs, food, sex, and anything else. We do alcohol, the other fellowships can focus on their primary purpose.

Remember AA is a three-legacy program. We do the Steps to help ourselves, the selfish part of AA. We do the Traditions to make sure this program is here for the baby being born down the street destined for alcoholism and the concepts to make this fellowship endure. If the member does not adhere to the principles of the steps he will soon sicken and die. That goes for the group as well, if it does not adhere to the Traditions and the structure of AA it will sicken and die also.

I hope if you are reading this and your sponsor is not a three legacy sponsor you choose to find a service sponsor to learn everything you can about this program that saved my life and so many before me. I owe this to AA to make sure it is here for the next suffering alcoholic and my personal recovery comes a close second.

Yours In Service,
Doug D—DCM District 40

February Treasurer's Report 2024 Pg 1

SETA District 40 Monthly Financial Report -- January 2024							
EXPENSES	Initial Approved Budget	Approved Budget Changes	Revised Approved Budget	Expense This Month	Year to Date Expenses	% This Month	% Year to Date
DCM	\$ 925		\$ 925	\$ 342.70	\$ 342.70	37%	37%
Alt. DCM	\$ 900		\$ 900	\$ -	\$ -		
Secretary / Copying	\$ 150		\$ 150	\$ -	\$ -		
Treasurer	\$ 75		\$ 75	\$ -	\$ -		
Newsletter	\$ 100		\$ 100	\$ -	\$ -		
PO Box	\$ 175		\$ 175	\$ -	\$ -		
Literature Committee	\$ 175		\$ 175	\$ -	\$ -		
PI	\$ 50		\$ 50	\$ -	\$ -		
Grapevine	\$ 50		\$ 50	\$ -	\$ -		
CFC	\$ 50		\$ 50	\$ -	\$ -		
TFC	\$ 75		\$ 75	\$ -	\$ -		
Archives Committee	\$ 50		\$ 50	\$ -	\$ -		
IT Committee	\$ 50		\$ 50	\$ -	\$ -		
Storage Unit Rental	\$ 372		\$ 372	\$ 66.00	\$ 66.00	18%	18%
Monthly Meeting Rent	\$ 360		\$ 360	\$ 30.00	\$ 30.00	8%	8%
Intergroup 2022 Contribution	\$ -		\$ -	\$ -	\$ -		
SETA 2022 Contribution	\$ -		\$ -	\$ -	\$ -		
GSO 2022 Contribution	\$ -		\$ -	\$ -	\$ -		
Miscellaneous	\$ -		\$ -	\$ -	\$ -		
Fellowship Fest	\$ -		\$ -	\$ -	\$ -		
Traditions Dinner	\$ 2,100		\$ 2,100	\$ -	\$ -		
Service Workshop	\$ 400		\$ 400	\$ -	\$ -		
SWRAASA (Even Years)	\$ 1,800		\$ 1,800	\$ -	\$ -		
The Forum (Odd Years) See Note	\$ -		\$ -	\$ -	\$ -		
Delegate Report Meeting	\$ -		\$ -	\$ -	\$ -		
State Convention Hospitality Suite	\$ -		\$ -	\$ -	\$ -		
SETA Hospitality - District 40	\$ 300		\$ 300	\$ -	\$ -		
TOTAL	\$ 8,157	\$ -	\$ 8,157.00	\$ 438.70	\$ 438.70	5%	5%

INCOME		Group Name	Amount (\$)
		Bear Creek Fellowship	\$ 80.00
		Broad Highway Group	\$ 5.60
		Deep Dive Big Book Study	\$ 143.00
		Friends of Bill W. (Post Oak)	\$ 50.00
		Katy 12 & 12	\$ 59.28
		Katy 164 Group	\$ 50.00
		Memorial Going Home Group	\$ 104.85
		Rosewood Thursday Night Group	\$ 69.00
		Rule 62 Group	\$ 49.44
		Sage-Piney Point Noon Tuesday	\$ 23.39
		Sisters in Sobriety Texas	\$ 6.51
		Westchase Nooners	\$ 60.00
		Wild West Group	\$ 115.00
		Unknown	\$ 17.00
		Total Income this Month	\$ 833.07

Beginning Bank Balance	\$ 5,923.04
Total Expenses this Month	\$ 438.70
Total Income this Month	\$ 833.07
Prudent Reserve (0.25 x Budget)	\$ 2,039.25
Held for SETA Hospitality	\$ -
Unrestricted Funds	\$ 4,278.16
Ending Balance / Total Funds	\$ 6,317.41
Unspent Portion of Budget	\$ 7,718.30
Notes:	

February 2024—Meeting Minutes Pg 1

DISTRICT 40 OFFICIAL MEETING MINUTES

Meeting Location:

COTHA Church, 122W. Grand Parkway, Katy, Tx. Rm. 115

Google Meet

Mailing Address:

District 40
PO Box 79119
Houston, Tx. 77279-9119

<https://meet.google.com/scf-xndv-uoe>

doug.d@aa-seta.org DCM
mike.b@aa-seta.org Alt. DCM
theresa.s@aa-seta.org Secretary
ronnie.h@aa-seta.org Treasurer

Date: February 13, 2024

Time: 7:05 – 9:00 PM

Attendees: 23 online, 7 in-person

Call to Order – 7:03 pm, Doug D.

SERENITY PRAYER- Doug

SECRETARY’S REPORT – Theresa S., (Alt. Tracey C.) accepted.

TREASURER’S REPORT – Ronnie H, (Alt. Amanda L.) accepted.

Important – Please put your Group Number on all correspondence to the Treasurer

DCM Report

Welcome to the Feb D40 monthly meeting. We will have a few things we will be talking about tonight during the GSR section. I need to clarify that our April SETA assembly will be held in a new location so please see the attachment and pass that information to everyone in SETA. This is when we will have the round tables to discuss the PAI for this year’s GSC. Remember everyone in Area 67, SETA, is welcome to attend. Rick and Christina will be here next month to discuss a few items. I will forward you all the information as soon as it is available. The List of items was sent out on the SETA-Announce email the other day. Let me know if you have any questions.

Doug D

ALT. DCM Report

District 40 GSRs and Alt-GSRs, as always please let me know how I can best serve you and your homegroup, so that we can carry out our primary purpose.

We are out! After a long search and a few misses, we have moved to a new storage facility! District 40’s property is now being stored in Devon Self-Storage on Hwy 6 North. We have locked in the rate for the next 6 months, and I will engage with them to pay another 6 months, so our rate is locked in for a year. This was cleared with our Treasurer to insure we had it our budget to do so. All of the numbers for this change and the budget information were discussed at our previous District meetings and can be found in the Treasurer’s report.

The SETA Convention was awesome! I got to see a bunch of you in person who I normally only get to see by Meet, I got to catch up with a bunch of friends from all over the area, and I got to make some new connections as well! The speakers and workshops that I was able to attend were great! Joel and his committee did an incredible job putting everything together. I even got to vote on Sunday morning as Doug had to leave early for a personal commitment. It’s been a while since I’ve been able to do that. Sadly, due to a personal commitment I have, I will not be able to attend the April Assembly.

The District Inventory Ad Hoc Implementation & Planning Committee has not been put together or scheduled. This committee will be involved in helping to plan and implement all the considerations from the D40 Inventory. Please come see me or Doug if you would like to be involved in this. These were your considerations, and we want to honor them by moving them forward.

February 2024—Meeting Minutes Pg 2

D40 Workshops: Part of what came out of those considerations was for District 40 to do workshops. I have mentioned this in previous meetings and asked for groups to volunteer who are willing to host these workshops. We have had enough groups volunteer for the remainder of the year, but I will let you know if a group has backed out. If your group has volunteered and I haven't gotten back with you, please be patient, I will get with you to coordinate shortly. Keep in mind, hosting entails just providing the place to have the workshop and possibly snacks and coffee. I will take care of the topic, which were suggested from the inventory, and speaker(s). These will be held quarterly, so the first one should be in April. One of the workshops at the SETA Convention was on workshops, so I got a lot of information from that and have the presenter's contact information for follow up. More to come!

Traditions Dinner: On top of all that, I am already thinking about the next Traditions Dinner. Never too early to get a list of volunteers for that, so if you're interested, please let me know.

Through love and service,

Mike

GSR Section – Approx 40 minutes

New GSR – introductions, tell us about your home group.

Misty W., GSR for So Far So Good Group

Jenny, Alt. GSR for So Far So Good Group

Staci M., GSR, for Katy 164 Group

Christy T., Alt. GSR for Katy 164 Group

Beymar R., GSR for Memorial Going Home Group

Terral C., Alt. GSR for Memorial Going Home Group

Topics:

April Assembly, take part in round tables – One day Assembly on 4/6/24 at San Jacinto College North

Sharing on Founders Writings – Doug read the letters from GSO concerning the Founder's Writings, discussion followed concerning the seven survey questions.

Some of the key points;

These questions have nothing to do with the writing of the Plain Language Book

Don't change the Founder's writings, specifically the first 164 pages of the Big Book

Encourage better sponsorship

Changing the Founder's writings would help some people comprehend the 164 pages of the Big Book.

Expand the section on Steps six and seven

One member read his groups answers to the seven survey questions

DISTRICT COMMITTEE REPORTS:

Archives Rep: Lilian K. – absent

CFC Rep: Anne M – absent

CPC Rep: Open

Grapevine Rep: Wendy F. - open

IT Rep: Peggy A – nothing to report at this time

Houston Intergroup Liaison : Fernando B- nothing to report at this time

Literature Rep: Carol F.- the Area Literature Committee will offer a Workshop.

What: Roundtable Style Workshop on GSO questions regarding Founders Writings

When: Saturday March 16th, 2024 from 1:00pm-4:00pm

Where: Church Of The Holy Apostles, 1225 W Grand Pkwy S, Katy, TX 77494

RSVP- Carol.F@aa-seta.org Refreshments and fellowship! Bring your favorite dessert!

February 2024—Meeting Minutes Pg 3

Newsletter Editor: Open
PI Public Information): OPEN
TFC Rep: Open

New Business

AD-Hoc to review and rewrite D40 P&P Manual
Volunteers – Marilyn and Mike B.

OLD BUSINESS:

Open positions 2023 - CPC, Newsletter Editor, TFC, PI Rep
Ethan was selected as the Newsletter Editor

Responsibility STATEMENT: All Together

ADJOURN: 8:46 pm

**2024 District 40
Officers and Committee Representatives**

<u>Position</u>	<u>Name</u>	<u>Email</u>
DCM	Doug D	Doug.d@aa-seta.org
Alt DCM	Mike B	Mike.b@aa-seta.org
Secretary	Theresa S	Theresa.s@aa-seta.org
Alt Secretary	Tracey C	
Treasurer	Ronnie H	Ronnie.h@aa-seta.org
Alt Treasurer	Amanda L	
Archives	OPEN	
Newsletter Editor	Ethan	
Grapevine Rep	Wendy F	wendy.f@aa-seta.org
IT Rep	Peggy A	peggy.a@aa-seta.org
Literature Rep	Carol F	carol.f@aa-seta.org
CFC Rep	Anne M	anne.m@aa-seta.org
Intergroup Rep	Fernando B	Fernando.b@aa-seta.org
CPC Rep	Eric C	
PI Rep	OPEN	
TFC	OPEN	

AREA 67 COMMITTEE MEETINGS

Committee	Meeting Date & Time	Location
Archives	2nd Monday of the Month 7pm	Google Meet Link: meet.google.com/uus-pbqk-xip Online Only
CPC - Cooperation with the Professional Community	1st Monday of the Month 7:30p	Zoom ID: 632-634-860 Passcode: 153379
CFC - Correctional Facilities	3rd Wednesday of the Month 7:30p	Zoom ID: 4772549035 Passcode: heartbeat Houston Intergroup 5151 Mitcheldale St, HTX 77092 Conference Room
Grapevine	3rd Thursday of the Month 7:30p	Zoom ID: 114 207 273 Passcode: 610793
Intergroup (Delegate's Meeting)	3rd Thursday Every Other Month 8p	Zoom Call (786)686-6300 for more info
IT - Internet Technologies	4th Saturday of the Month 10am	Google Meet: ID: nqm-vypy-yao
Multi-Lingual	1st Thursday of the Month 7:30p	District 66 4800 5645 Hillcroft Suite 410 HTX, 77036
Literature	3rd Tuesday of the Month 8:30p	Zoom ID: 257 198 925 Passcode: 443980
PI - Public Information	4th Tuesday of the Month 7:30p	Zoom ID: 330 417 285 Passcode: 153379
TFC - Treatment Facility Committee	15th Day of Every Month 7p <i>At times the 15th of the month can fall on a weekend or holiday. When that occurs, the TFC meeting will automatically be held <u>on the following business day</u>.</i>	Zoom ID: 552 569 731 Passcode: 169753