



### NORTHSHORE GROUP

Open 24 Hours for Christmas  
6:30pm Christmas Eve - 6:30pm Christmas Day  
236 Dell Dale, Channelview  
Lunch after noon meeting on Christmas Day

### SUNSET GROUP

Candlelight Meetings  
Christmas Eve and Christmas Night  
7:00pm and 9:30pm  
2211-B Spencer Hwy, Pasadena

Send your group news and special events to [sara.b@aa-seta.org](mailto:sara.b@aa-seta.org)



**Dec 11 Intergroup Holiday Open House**  
10:00am-2:30pm  
5151 Mitchelldale, Suite B-10, Houston  
Tax free day in the bookstore  
Potluck Lunch – bring your favorite to share  
Speaker Erin K. 1:00pm

**Jan 21-23 60<sup>th</sup> SETA Convention**  
Houston CityPlace Marriott, Spring, TX

**\*\*IMPORTANT MESSAGE FROM SETA CONVENTION CHAIR:** It is very important that you [PREREGISTER](#) for the 2022 SETA Convention! Our total ballroom capacity is approximately 1100! The hotel is working with us to accommodate as many as possible, but the Fire Marshall for the Springwoods Village area is pretty strict, so we are unsure if they will force us to cap registration. Go here to pre-register to ensure you can attend:  
<https://setaconvention.org/registration>



SCAN TO REGISTER FOR SETA CONVENTION



### Grapevine Seeking Stories

Oldtimers! Let's hear from our long-time members! What was AA like when you came in? What have you learned over the years?

Stories due Dec. 15, 2021



The holidays are joyous—and let's face it, stressful. Don't let this extra stress threaten your sobriety. Here are some ways to protect your sobriety this season so you can enjoy the magic of the holidays with friends, family, and loved ones.

#### *Christmas Parties*

If you plan on attending a work or family holiday party, it's always a great idea to bring a friend in recovery with you. The accountability and comfort of having someone that is sober come with you can eliminate the pressure of these vulnerable festivities.

Plan an exit strategy and if possible drive yourself. **Remember that if you feel uncomfortable at any point, you can leave at any time.** Do not put your fear of hurting someone's feelings above your sobriety. It may feel uncomfortable at first, but it is vital for you to focus on the bigger picture: staying sober is the priority. If you feel tempted at any holiday gathering, leaving is certainly better than drinking.

#### *Eliminate Expectations*

The holidays often carry a great sense of expectations, and we know that "expectations are premeditated resentments." Don't allow your presumptions to determine your holiday experiences or you will likely be disappointed.

#### *Fellowship*

We often find ourselves trying to "squeeze in" time with family, buying gifts, and all the other festivities during the holidays. However, now is not the time to skip meetings. Plan ahead and map out the meetings you will attend. Commit to staying in contact with your sponsor and friends in recovery.

#### *Be of Service*

It is important to continue to steer clear of selfishness. Remember, you are not the only one going through a challenging time. Chances are there are plenty of people who are less fortunate than you. Helping others is the best way to get outside of yourself and ensure your sobriety.

#### *Practice Self Care*

Schedule downtime amidst the various holiday events and tasks. Avoid entertaining old, painful memories. Create new sober traditions, journal, and practice gratitude. Be present in the moment, embrace what is going on around you, and enjoy your sober holiday season.



[www.aagrapevine.org](http://www.aagrapevine.org)

Each time you put money in the basket at an AA meeting, you are giving crucial support to District 70, Area 67, Intergroup and AA World Services.

“Each of these entities provides essential services to make more and better 12<sup>th</sup> step work possible. Financial support from groups is vital to ensure the service structure functions at full strength. Groups are encouraged to adopt a specific contribution plan, through an informed group conscience, for each of these entities. No contribution toward carrying the message is too small.”

*Self-Support: Where Money & Spirituality Mix*



**THANK YOU  
FOR YOUR  
SUPPORT**

- A1 GROUP
- BREAKFAST WITH BILL
- LAPORTE LADIES GROUP
- NASSAU BAY MEN’S GROUP
- NORTHSHORE GROUP
- SHOEMAKER GROUP
- SISTERS IN SOBRIETY
- SUNSET GROUP
- WORKING WITH OTHERS

**SEND DONATIONS FOR DISTRICT 70 TO  
P.O. BOX 1502  
DEER PARK, TX 77536**



## District 70 Newsletter

**Volume 1 Issue 11 December 2021**

District

70 meets at 7:00 pm on the  
2<sup>nd</sup> Wednesday of each month at  
Kelley’s Country Cooking  
7011 Spencer Hwy in Pasadena, TX

Any AA member may attend and we hope you will join us! Come at 6:00pm for food & fellowship!

**December 8 Guest Speaker**

**Joel G., Area 67 Intergroup Liaison**

*Everyone who attends the District 70 meeting will be entered in a drawing for \$40 of literature for their home group.*

*District 70 includes Baytown, Channelview, Clear Lake, Dayton, Deer Park, La Porte, Pasadena, Seabrook, part of Webster, and outlying cities east of Mount Belvieu between Highway 90 and I-10*



### Service Opportunities

#### Open Officer Positions

- Alt DCM
- Alt Treasurer
- Alt Secretary

#### Open Committee Chairs

- Archives
- Correctional Facilities
- Cooperation with Professional Community
- Finance & Budget
- Grapevine
- Intergroup Liaison
- Literature
- Treatment Facilities

*For more information about any service positions please contact our DCM at [deborah.t@aa-seta.org](mailto:deborah.t@aa-seta.org)*

*Newsletter Committee meets 1<sup>st</sup> Sunday each month 3pm at The Camel Lodge 2211-B Spencer Hwy, Pasadena*

Contact [sara.b@aa-seta.org](mailto:sara.b@aa-seta.org)

*Public Information Committee meets 1<sup>st</sup> Thursday each month 6pm at Deer Park UMC, 1300 E 13<sup>th</sup> St, Deer Park*

Contact [charlie.w@aa-seta.org](mailto:charlie.w@aa-seta.org)