

# LAST CALL

SETA District 70 Newsletter

Volume 3 Issue 9

September 2023

Baytown – Channelview – Clear Lake – Deer Park – La Porte – Pasadena – Seabrook – Part of Webster

## District 70 Unity Day Picnic

**FREE – Yes, free fried chicken!**

**Saturday, Sept 16<sup>th</sup> 10 – 2 pm**

**At the Clear Creek Club**

1310 5<sup>th</sup> Street, Seabrook, TX 77586

**Workshop – Games – Food – Speaker**

Door Prizes – Sobriety Skit – Sobriety Countdown

Let's Make a Difference  
**TOGETHER**



## Upcoming Events

- Sept 8 – 10 Bridging the Gap Workshop  
Sheraton North Houston at IAH  
15700 John F. Kennedy Blvd 77032  
Registration: <http://aa-seta.org>
- Sept 8 – 10 National AA Technology Workshop (online)  
Shenandoah University, Winchester, VA  
Registration: <https://naatw.org>
- ← Sept 16 (10 – 2) **District 70 Unity Day Picnic**  
**Clear Creek Club, 1310 5<sup>th</sup> St, Seabrook 77586**
- Sept 23 (1 – 4 pm) The Shoemaker Group  
Celebrates 15 years of service!  
Food and Fellowship: 2 pm  
Speaker Meetings: 1 pm & 3 pm  
Deer Park United Methodist Church  
1300 E Thirteenth St. 77536
- Sept 29 – Oct 2 AA Southwest Regional Forum  
Radisson El Paso Airport Hotel  
1770 Airway Blvd, El Paso, TX 79925
- Oct 14 Flip Side of the Sun – Noon Solar Eclipse  
Speakers: 11:00 Alateen, 12:30 Al-Anon, 2:30 A.A.  
Up the Street Club, 17400 El Camino Real 77058
- Oct 14 – 15 SETA General Assembly  
Sheraton North Houston at IAH  
15700 John F. Kennedy Boulevard  
Houston, TX 77032
- Oct 27 – 29 **Texas State Conference of Young People in AA**  
**South Shore Harbour Resort**  
**League City, TX 77573**  
Register: <https://www.txscypaa42.org>
- Jan 19 – 20 **61<sup>st</sup> Annual SETA Convention**  
**Moody Gardens Convention Center**  
**Galveston, TX 77554**  
Register: [2024setaconvention.org](https://2024setaconvention.org)

District 70 meets at 7:00 pm  
on the 2<sup>nd</sup> Wednesday of each month at:

Kelly's Country Cooking  
7011 Spencer Hwy  
Pasadena, Texas 77505

Come at 6:00 for food and fellowship!  
Come at 6:30 for GSR training.

Any AA member is welcome to attend!



Send your group's contribution to:  
**District 70**  
**P. O. Box 1502**  
**Deer Park, TX 77536**

Financial support from groups is vital to the AA service structure. Groups may adopt a contribution plan through the group conscious.

## Open Service Opportunities

### District 70 Officers

- Alt Treasurer

### District 70 Committee Chairs

- Archives
- Public Information

# Profound personality change

By Tina L.

In a letter, Bill Wilson once wrote, “It has often been said of A.A. that we are interested only in alcoholism. That is not true. We have to get over drinking in order to stay alive. But anyone who knows the alcoholic personality by firsthand contact knows that no true alky ever stops drinking permanently without undergoing a profound personality change.”

To this, the A.A. newcomer may say, “I’m not giving up who I am! What in my personality would possibly need to change?” We know the answer to that question will begin to unfold after the newcomer sits through a few meetings, discovers other people are not the problem, and they are not alone.

Our disease once convinced us that the world was to blame and we were the *only* ones who felt hopeless. But the

fellowship of AA proved the exact opposite was true. We created our own problems and there was indeed hope. And so began our journey of having to change our way of thinking about pretty much everything.

I call my disease “the beast in the basement,” and if my instinct tells me I don’t feel like going to a meeting, I know that’s the beast talking, so I do the opposite and go to the meeting. All my natural instincts seem to lead to self-centered isolation, which creates the perfect drinking environment. And so I will keep doing the opposite until my natural instincts change.

It’s a good thing this daunting task of changing our entire personality comes with an instruction manual—with only 12 steps. Sound too good to be true? Just ask the more than two million



Bill Wilson, co-founder of Alcoholics Anonymous, wrote innumerable letters and articles to let the world know he and others had discovered a solution to the age-old problem of alcoholism.

once hopeless alcoholics around the world who are now undergoing a profound personality change.

Reflection: If God works through people, then to ignore the fellowship is to ignore God.

## A.A.’s Meeting Guide App

By Elizabeth K.



Props to the Meeting Guide App! Two weeks ago I moved 1,700 miles to Texas and have been using it to find meetings. This is a lifesaver! I’ve moved before and have failed to get connected at meetings and that just makes life and keeping sober much more difficult. I didn’t want to do that again this time. *It’s the agains.* To say I was given the gift of desperation even with 33 years sober isn’t an overstatement. I’ve been hitting meetings and working to establish connections with women with Higher Powered determination.

I remember many years ago (way

before COVID) going on vacation to Cape Cod and struggling to find meetings due to old information about meetings on websites that weren’t updated. It was frustrating. I went to one church and didn’t find a meeting but found a secretary who was very upset for me because I had been directed to that church for a meeting that was long defunct. I didn’t drink over it, but it messed with my calm. Today things are different! Every meeting listed was in the right place and at the right time.

Thank you, Lord! Thank you, Meeting Guide App.

## Bridging the Gap

Part of Bridging the Gap between a treatment program and A.A. is the Temporary Contact Program, which is designed to help the alcoholic in an alcoholism treatment program make that transition.

The video, “Hope: Alcoholics Anonymous,” is shown to patients in treatment and emphasizes having a temporary contact as the link between treatment and recovery.

The temporary contact takes the newcomer to A.A. meetings and ensures that they have the phone numbers of several A.A. members.

For more information about becoming a temporary contact, visit [aa-seta.org](http://aa-seta.org) and click Treatment (TFC).