

LAST CALL

SETA District 70 Newsletter Vol. 5 Issue 4 October 2026

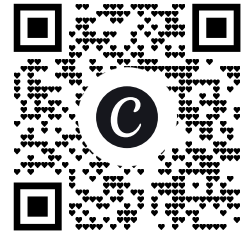
Baytown - Channelview - Clear Lake - Deer Park - La Porte - Pasadena - Seabrook - Part of Webster

District 70 meets at 7:00pm on the 2nd Wednesday of each month at:

Kelley's Country Cooking
7011 Spencer Hwy
Pasadena, TX 77505

Come at 6:00 for food and fellowship!

Any AA member is welcome to attend!



District Officers

DCM: Sara B.

Alt-DCM: **Open**

Secretary: Lanier Y.

Alt-Secretary: Amber R.

Registrar: Matt M.

Alt-Registrar: Maria L.

Treasurer: Rene H.

Alt-Treasurer: Jennifer D.

District 70 Committee Chairs

CFC: Noel M.

Grapevine: Open

Intergroup Liaison: Deanna L.

Public Information: Colleen O.

Treatment Facilities: Forrest L.

Newsletter: Cheyanne H.

CPC: **Open**

Finance & Budget: **Open**

Literature: Bo M.

Archives: **Open**

Upcoming Events

64th Annual SETA Convention

Open for registration now

South Shore Harbor Resort and Conference Center
2500 South Shore Blvd.

League City, TX 77573

January 8th-10th, 2027

<https://setaconvention.org/registration-1>

Want your AA group's
event in the newsletter?
Email Cheyanne H. at
cheyanne.h@aa-seta.org
at least one month prior
to the event.

AA History

The secret of the "Spook Room"

Few people know that co-founder Bill W. had a lifelong fascination with the paranormal. During the 1940s and '50s at Stepping Stones (Bill and Lois's home in New York), they actually designated an upstairs bedroom as the "Spook Room". There, Bill, Lois, and close friends held séances, experimented with a Ouija board, and tried automatic writing. While many early members worried the hobby might distract from the fellowship's message, Bill remained unapologetically curious about the unseen spiritual realm, making October the perfect time to remember that recovery history has its own ghost stories!

7th Tradition:

Send your group's contributions to:
District 70
PO Box 1502
Deer Park, TX 77536

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Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.

Step 10 is our daily maintenance program, the habit that keeps resentment, fear and selfishness from quietly piling up until we're overwhelmed again. It isn't about perfection or beating yourself up over every human reaction; it's about honest awareness in the moment. When resentments, fear, or dishonesty flare up, we look at our part right away, make it right promptly, and let it go before it hardens into a grudge or an excuse to slip. Trust your Higher Power, clean house, help others, and keep checking in with your sponsor!

Tradition 10: Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

AA stays out of politics, religion, social debates, and reform movements for one crucial reason: survival. The second the fellowship takes a public stand on outside arguments, it divides the very people it was built to welcome. By keeping the doors neutral and refusing to enter public battles, AA protects its primary purpose: helping anyone who wants to stop drinking find common ground and save their life. Inside the rooms, the focus stays squarely on recovery, unity, and carrying the message.

Call Before You Drink



Comic by Anonymous

Want your AA themed creative work (comics, poems, writings, art) in the newsletter? Email Cheyanne H. at cheyanne.h@aa-seta.org.