LAST CALL

SETA District 70 Newsletter Vol. 5 Issue 5 November 2026

Baytown - Channelview - Clear Lake - Deer Park - La Porte - Pasadena - Seabrook - Part of Webster

District 70 meets at 7:00pm on the 2nd Wednesday of each month at:

Kelley's Country Cooking
7011 Spencer Hwy
Pasadena, TX 77505

Come at 6:00 for food and fellowship!

Any AA member is welcome to attend!

District Officers

DCM: Sara B.
Alt-DCM: **Open**
Secretary: Lanier Y.
Alt-Secretary: Amber R.
Registrar: Matt M.
Alt-Registrar: Maria L.
Treasurer: Rene H.
Alt-Treasurer: Jennifer D.

District 70 Committee Chairs

CFC: Noel M.
Grapevine: Open
Intergroup Liaison: Deanna L.
Public Information: Colleen O.
Treatment Facilities: Forrest L.
Newsletter: Cheyanne H.
CPC: **Open**
Finance & Budget: **Open**
Literature: Bo M.
Archives: **Open**

Upcoming Events

64th Annual SETA Convention
Open for registration now
South Shore Harbor Resort and Conference Center
2500 South Shore Blvd.
League City, TX 77573
January 8th-10th, 2027
https://setaconvention.org/registration-1

Want your AA group's event in the newsletter? Email Cheyanne H. at cheyanne.h@aa-seta.org at least one month prior to the event.

AA History

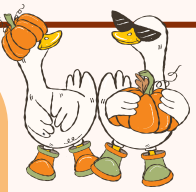
Bill W. on "Gratitude in Action"

Ever wonder why November is Gratitude Month? It started with fall gratitude dinners in the 1940s. In a November 1949 Grapevine piece, Bill W. wrote that the idea of a Thanksgiving week for meetings and reflection was "in the air." In 1956 it became an official Gratitude Week, and over time it grew into the whole month.

Bill also wrote that "gratitude should go forward, rather than backward." In other words, saying thanks is nice, but passing it on is better. Seventy years later, that still holds: the best way to show our thanks is to be there for the newcomer who's still struggling.

7th Tradition:

Send your group's contributions to:
District 70
PO Box 1502
Deer Park, TX 77536





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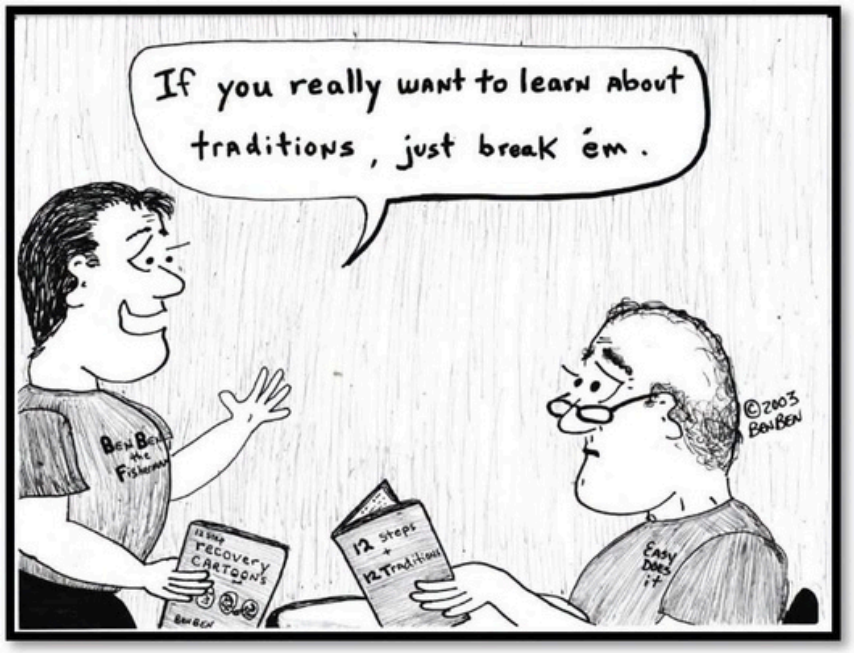
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Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Step 11 is where we slow down long enough to listen. Prayer is talking to our Higher Power, and meditation is getting quiet enough to hear back. It doesn't have to be fancy or follow anyone else's rules. A few minutes in the morning, a pause before reacting, or a quick check-in at night all count. We're not handing over a wish list; we're asking to know what's right and for the strength to actually do it. The more we practice, the less we run on fear and self-will. Keep showing up, keep listening, and keep checking in with your sponsor!

Tradition 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

AA doesn't advertise, recruit, or sell itself. It grows through attraction: people see recovery working in someone's life and want what they have. That's also why we stay anonymous at the public level. No member speaks for AA in the media, so no one person becomes the face of the fellowship, and no one's slip can drag the program down with them. The spotlight stays on the message instead of the messenger. Inside the rooms we share our stories freely, and outside we let our lives do the talking.



Comic by Anonymous

Want your AA themed creative work (comics, poems, writings, art) in the newsletter? Email Cheyanne H. at cheyanne.h@aa-seta.org.