

# The Lighthouse

ANGLETON  
GROUP  
*Has Moved*



How Do I Measure Up?  
Grapevine Article  
Step, Tradition, Concept  
District 82 & Events  
Final Agenda Items  
Fellowship Says  
District 82 Meetings

*Friend Of Bill W.* 

# How Do I Measure Up?

**Greetings District 82!**

**A few years back, someone shared the below information with me, and frankly, I forgot that I had it. I stumbled across it while I was looking for something else a while back and thought that it might be submitting for our newsletter. - Rick M, Past Delegate Area 67/Panel 73**

**On a Scale of 1 to 5, How Do I Rate Myself on Each of These Points? How Would Others Rate Me? How DO Others Rate Me?**

- **Do I feel superior to those I serve with and alongside?**
- **Do I demonstrate an imbalance between service, recovery, and unity?**
- **Do I substitute formality for true human intimacy?**
- **Do I rely too much on plans and not enough on intuition and improvisation?**
- **Do I align myself with “cliques” instead of building bridges?**
- **Do I fail to regularly acknowledge the debt I owe to my Higher Power, AA, my sponsor(s), my mentors, and others?**
- **Do I take too much satisfaction in recognition and accolades?**
- **Do I isolate myself from members and newcomers, thinking I am above them because of my service activities?”**
- **Do I denigrate the motives and service performed by others?**
- **Do I exhibit or encourage undue deference and servility?**
- **Do I put my own success ahead of the success of others?**
- **Do I fail to cultivate a fun and joy-filled service environment?**
- **Do I exhibit selfishness when it comes to sharing rewards and praise?**
- **Do I encourage parochialism rather than community?**
- **Do I behave in ways that seem egocentric to those around me?**

# Grapevine Article

OPEN HEART & MIND

By: JOANNE M. | WINNIPEG, MANITOBA

How would she ever find this Higher Power they talked about? Luckily, her sponsor urged her to go outside

Alcohol was my Higher Power for as long as I could remember. I yielded to that power every waking moment. If I wasn't drinking, I was thinking about drinking. It had power. It had control. It had me. That relationship was killing me, and I knew I had to get through the Steps if I wanted to survive.

I had a wonderful sponsor. She was kind, understanding and easy to talk to. But maybe most importantly, she was very firm about following the suggestions in the Big Book. Of course, as an alcoholic I wanted to pick and choose which Steps I was going to work, and Step Two was definitely not on my list. I had also started to rewrite sections of the Big Book, and she just smiled when I tried to impart my great wisdom to her. She reminded me that my best thinking was what brought me to AA in the first place, and I needed to follow the suggestions as written. I had to concede. So there I was, face to face with Step Two.

But where was I going to find this elusive power? I really didn't want alcohol to be my Higher Power any longer. I remember someone telling me that each one of us was a drop in the ocean. Exactly. I'm just an insignificant drop, and no one would notice if I were gone. I guessed I had some work to do.

My sponsor suggested that I start looking around in nature. At her urging I walked along the creek near my house every day. I would ask myself, OK, what do I believe about all this? What does it have to do with me? And how can this help? Day after day, I would walk, pondering these questions. I got frustrated because I didn't feel I was getting anywhere. I wanted to have a sudden and profound spiritual experience. I didn't want the educational kind I had read about. Typical alcoholic thinking. I wanted the easier, softer way.

My sponsor reminded me of the slogan, "Easy does it." She told me to try to get out of my head and just enjoy the walks. So I started trying to relax. I had been complicating things again. I slowed down and looked around. It was nice to be outside.

The first thing I noticed was the beautiful sound of the birds. I learned that there were a lot of red winged blackbirds and chickadees that seemingly sang just for me. I looked forward to listening to their song every morning. Had they always been there? Why hadn't I noticed them before? I also heard the trickling of the creek, winding southward toward the lake.

I started to wonder what else I was missing. The next thing I noticed was the freshness of the air and the sweet smell of the flowers, grass and trees. I lay down in the grass one day and watched the fluffy clouds dance across the sky. I was a kid the last time I looked for images in the clouds. It was so peaceful. I still didn't have my Higher Power, but I knew that I hadn't felt this serene in, well, maybe ever. I was making progress.

One day I noticed a rabbit eating grass near the water. On the other side of the creek a duck was dipping its bill in for a refreshing drink. I looked all around me. I looked at the rabbit, at the grass and trees, at the water in the creek and the sunny sky, and I understood. Everything is connected! We need each other to survive—the plants, the animals, the water and the sun. We all play an important part. I now understood that I contribute to life just by breathing. I breathe out carbon dioxide, which plants need to create oxygen.

Copyright February 2026 AA Grapevine, Inc. Reprinted with permission

THERE IS ONLY ONE KEY, AND IT IS CALLED WILLINGNESS.  
TWELVE & TWELVE PG 34

## STEP 3

Made a decision to turn our will and our lives over to the care of God as we understood God.

Real Action Starts With a Decision

What Can I Surrender in this Step?

The person I was before taking these Steps.

My belief that I know better than God what is right for me.

## AAWS NEWS

Announcing: Now available for viewing!

“The Twelve Concepts  
for World Service Video”

A lively animated tour through  
the principles of A.A. service

## TRADITION 3

The only requirement for membership is a desire to stop drinking.  
Desire Is All You Need

## CONCEPT 3

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.

One thing you need to know:

Trusted Servants Have a Right of Decision

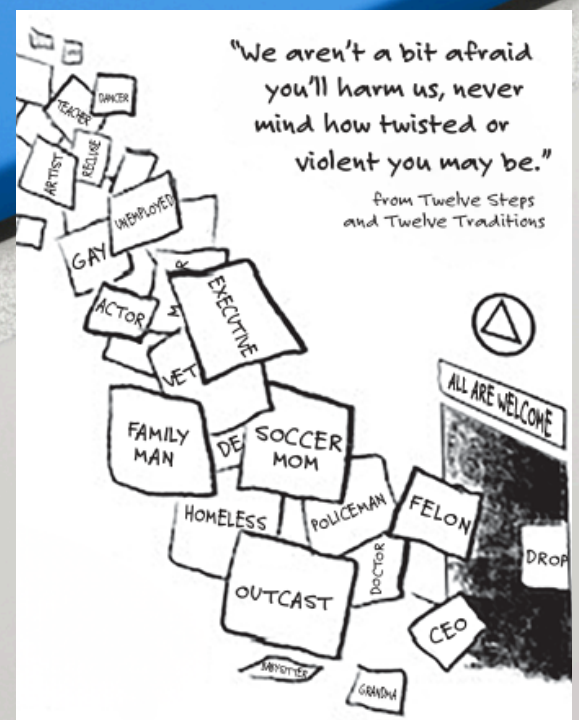
Trusted Servants Have a Right of Decision

There will be times where we'll need to trust our trusted servants to make decisions without a group or service entities approval. Concept 1 & Concept 2 by themselves cannot ensure smooth operation of A.A. business. There will be times that full facts (additional background information) and debate not available to groups, will help further inform our trusted servants and their decisions (and their votes on our behalf).



“We aren't a bit afraid  
you'll harm us, never  
mind how twisted or  
violent you may be.”

from Twelve Steps  
and Twelve Traditions



## THRID STEP PRAYER

God, I offer myself to Thee, to build with me, and to do with me as thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy power, Thy love, and Thy way of life. May I do Thy will always.

# Area 67 District 82

## NEXT DISTRICT 82 MEETING

APR 12<sup>TH</sup> 1:30

100 OAK DR S, STE E, LAKE JACKSON  
GOOGLE MEETS

### TREASURER'S REPORT

#### District 82 Treasurers' Summary - 2025

Opening Balance	\$5,129.77
Contributions	\$2,191.00
Expenses	\$1,374.19
Ending Balance	\$5,946.58
Prudent Reserves	\$2,800.00

CONCEPT 4 REVIEW  
AREA COMMITTEE  
GSR REPORTS  
DISTRICT COMMITTEES

### UNITY DAY:

DISTRICT 82 WILL HOST A UNITY EVENT APRIL 18TH, 12PM-3PM. WE ARE INVITING ALL GROUPS TO SHARE THEIR HISTORY, THERE WILL BE SPEAKERS, ROUNDTABLES, FOOD, AND FELLOWSHIP. STAY TUNED FOR MORE!

#### SOUTHEAST TEXAS AREA 67 APRIL ASSEMBLY



April 11th -Saturday  
Roundtable Discussions  
10:15am-12:15pm  
lunch is provided !!



SHARE YOUR OPINION !!  
YOUR VOICE WILL BE HEARD!!  
PARTICIPATE by INFORMING your Area 67 DELEGATE of your  
and your Group's Opinion!!!

MEET NEW FRIENDS IN SERVICE!! BE INFORMED!!

In person and online!!!

Location-  
San Jacinto College North  
5800 Uvalde Rd  
Building 12  
Houston, Tx 77049

Zoom information at [aa-seta.org](http://aa-seta.org)

## MOUTH OF THE BRAZOS CONFERENCE

MARCH 6-8, 2026

333 HWY 332, LAKE JACKSON, TX, 77566



## SWRAASA

OCTOBER 9-11, 2026  
HOUSTON, TX

A.A. A SOCIETY OF RECOVERED  
ALCOHOLICS IN ACTION

HYATT REGENCY BAYTOWN-HOUSTON  
100 CONVENTION CENTER WAY  
BAYTOWN, TX 77520



PRE-REGISTER BY 9/25/2026

# Final Agenda Items

Hello Fellow Trusted Servants,

The background for the 76th GSC Final Agenda items has arrived and our webmaster has added it to the Delegate webpage at [aa-seta.org](http://aa-seta.org).

I know that there are some out there that will want to dive into all 400ish pages and to you I say have fun :). For those that may feel a bit overwhelmed by it all I have listed some suggestions below on what you may want to focus on.

There is no need to focus on all the suggested items, just have your group, committee or district pick 2 or 3 that are important to y'all. Once y'all have discussed please complete and return the feedback form to me. The feedback form is also on the Delegate page at [aa-seta.org](http://aa-seta.org).

You can return the forms by email at [christina.s@aa-seta.org](mailto:christina.s@aa-seta.org), by text at 281-857-4809 or by mail just give me a call and I would be happy to provide you with my full name and address.

Thank you for your time and consideration on making sure that I am informed at the 76th GSC.

1. Corrections Item c - Consider a request to update the pamphlet "The A.A. Member - Medications and Other Drugs."
2. Finance – Item c - Consider a request to create a Twelve Step study guide or workbook.
3. Finance – Item d - Consider a request to discuss the location of the General Service Conference (GSC) (PAI-22).
4. Grapevine / La Vina – Item f - Consider that the AA Grapevine, Inc., accept contributions.
5. Literature – Item i - Consider publishing the personal stories from the Fourth Edition of Alcoholics Anonymous not included in the draft Fifth Edition of Alcoholics Anonymous.
6. Report and Charter – Item a (ii) - Consider request to remove a quote from Dr. Bob in The AA Service Manual.
7. Trustees – Item g - Consider a request to produce an animated video based on the pamphlet "The Twelve Steps Illustrated."
8. Trustees – Item h - Consider a request to produce an animated video based on the pamphlet "The Twelve Traditions Illustrated."
9. Archives – Item b - Consider a request to define eligibility for Area-level service for members residing outside of the geographic area they want to serve. (PAI 46)

If you have any questions let me know

Thanks for all y'all do

Christina S

Delegate P75/A67



# The Fellowship Says...

## **BIG, COMFY COUCH**

As I sat on my sponsor's big, comfy couch, I was presented with Step 3 as written in the *Book of Alcoholics Anonymous*: "First of all, we had to quit playing God" (p. 62). My eyes narrowed at this suggestion. I started to formulate the questions I was going to ask my sponsor, but she insisted we read on before I asked any.

As we continued, I felt exposed—my true motives revealed. I slowly began to realize I had made, or rather demanded, that others take responsibility for my well-being. I felt a loss of who I thought I was. Or was it surrender?

At this point, I had admitted I was powerless over alcohol, that my life was unmanageable, and that I was willing to believe in the idea of a Higher Power to restore me to sanity. But how do I give my life and my will over to a God of my limited understanding? I was reminded that "our own conception, however inadequate, was sufficient to make the approach and to effect a contact with Him" (p. 46).

I was faced with the reality that self-reliance had failed me. I felt the void deep down inside. How had this instinct to control others and events for my own purpose and satisfaction driven me for so long? To shift from reliance on myself and others to reliance on God seemed like a feat.

I had great ideas for my life. I had great ideas for others' lives. But try as I might, I couldn't successfully stick to my own rules or ideas while drinking. I could see now I was "a producer of confusion rather than harmony" (p. 46). The foundation of self I had formed was cracked.

Then I heard a faint whisper: "You can stop fighting now." I felt a breath leave me, like I had been holding it for years.

You mean I don't have to control everything around me? I can ask God to take all this, and He will? Isn't that asking a lot?

I realized these questions were pointless. Either let of my ideas of how things should be, or continue to fight. But what is God's will for me? While studying Step 2, I had been asked to formulate a conception of a Higher Power—what those characteristics looked like and felt like.

Unbeknownst to me, on that list I had already written God's will for me. I was to pray for the guidance and courage to reach for those same characteristics and feelings I asked of God. Through the Third Step Prayer, as written in the *Book of Alcoholics Anonymous*, and to the best of my ability, I made a decision. I am to move in the direction of God's will for me—to have faith, if not blind faith, in the seeking of that will. God can handle all these things today—just for today. Then tomorrow, I ask again.

As long as I am committed to growing along spiritual lines, I am closer to God's will rather than my own. I am to continue seeking a relationship with God every day and try to take a spiritual approach to all things. The more I think of what I can do for others, the more aligned I am with God's will for me.

Today, when I am disturbed, I can often see where I am trying to arrange things to suit myself so I will be comfortable. I must remind myself that God is the leader and that my discomfort is almost always self-inflicted—because somewhere in my day, I have reached for and failed to reestablish my will.

As I grow in understanding of God's will, I begin to see opportunities to demonstrate His omnipotence—and there is where I find peace.

**-Anonymous Member of AA**

# Meeting Schedule

City	Location	Group	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Angleton	1204 N Velasco St, Suite 500	Angleton Group	12p O 6P O	12p C 6P O	12p C 6P O	12p C 6P O	12p C 6P O	12p C 6P O	12p O 6P O
Clute	147 N Brazosport Blvd	Grupo Fe y Esperanza	7:30p			7:30p			
Clute	147 N Brazosport Blvd	Free to Live	10a O						10a O
Clute	147 N Brazosport Blvd	Brockman Group		12p O	12p C	12p C	12p C	12p O	
Clute	147 N Brazosport Blvd	Beginners Group	6p C	6p O	6p C	6p C	6p C	6p C	6p O
Lake Jackson	100 Oak Dr South	New Beginnings for Women		12p C					
Lake Jackson	100 Oak Dr South	Clean Air			12p C		12p C		
Lake Jackson	200 Oyster Creek (St Timothy's)	Plantation Group		6:30p C			6:30p C		6:30p O
Bay City	2701 Avenue H (Trailer by Railroad)	Bay City Group	7p O	7p O	12p O	7p O	7p O	12p O	12p O
El Campo	708 E First St (Bible Truth Church)	Easy Does It Group		7p O			7p O		
Freeport	1618 N Avenue N Salvation Army	No Resentments				6:30p O			
Needville	16628 Hwy 36 (Creekside Christian Church)	Needville Group	6:30p O						
Sweeny	205 N Oak St (Sweeny Senior Citizen's Center)	Sweeny-Old Ocean Group		8p O		8p C			8p O
West Columbia	117 E Clay St (St Mary's Episcopal Church)	West Columbia Group						8p O	



This District 82 schedule is intended to help you locate meetings within the District 82 boundaries of Area 67. It is subject to change without notice. For more information and schedule updates, contact Houston Intergroup at (713) 686-6300 or online at <http://www.aahouston.org> or download Meeting Guide app on your phone.

